



Friendly Visiting

Companionship and Security

www.splc.ca

416 493 3333

everyone here belongs



Ontario

Central East Local Health
Integration Network

What is Friendly Visiting?

Friendly Visiting is a free service that matches helpful volunteers with seniors in order to provide support, a feeling of security, and help reduce the feeling of loneliness and isolation.

Visiting

Friendly visitor will visit once a week to play games, read or talk with you based on your hobbies and interests.

Phone Reassurance

Friendly caller will call you regularly to say hello and check on your safety.

Shopping Assistance

Friendly shopper can help you to get essential grocery items.

Escorting

Friendly escort will accompany you on errands, including banking and medical appointments.

Service Area

Steeles Avenue East to Ellesmere Road and Victoria Park Avenue to McCowan Road.

Contact Us

If you or a loved one would benefit from Friendly Visiting, please contact our intake team at the number below.



(416) 493-3333



info@splc.ca



www.splc.ca/friendly-visiting



Senior Persons Living Connected

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Scarborough, Ontario

M1W 2R9