

Our Day Programs Feature:


- Care management by licensed health care professionals
- Individualized exercise programs
- Fun and stimulating activities
- Health educational talks
- Discussion/current event groups
- Music programs
- Caregiver support groups
- Personal care assistance
- Outings and seasonal/birthday celebrations
- Walk-in shower
- Nutritious meals and snacks
- Wheelchair accessible escorted transportation
- Mechanical lift for transfer



Sign Up Today


Our team can provide you with the information you need to receive any our services or to get further support for a loved one.

To get started, please call us or visit our website.

 (416) 493-3333

 info@splc.ca

 www.splc.ca

 **Senior Persons Living Connected**
3333 Finch Avenue East
Scarborough, Ontario M1W 2R9



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Adult Day Programs

Support for Seniors and Caregivers

www.splc.ca
416 493 3333

everyone here belongs



Enriching your life, Rebuilding your strength

Senior Persons Living Connected understands that some older adults need extra support to maintain their maximum level of functioning. Adult Day Programs can make a big difference to those experiencing complex health problems or frailty.

The programs are designed to increase strength, mobility and promote brain health through fun and therapeutic activities.

We also recognize that caring for an older adult can bring worry and stress. Our Adult Day Programs provide much needed respite for caregivers.



Tailored to your needs

We accommodate clients with various needs. Individualized care plans are developed that reflect a variety of abilities and interests.

We offer different program areas based on your functional status, language, and cultural background.

You can receive service in many different languages such as English, Greek, Mandarin, Cantonese, Tamil, Tagalog, and Spanish.

To support your health needs, you have access to:

- Geriatric Assessment and Intervention Network Community Team (GAIN)
- Foot Care
- Dietitian and nutrition analysis

“ After being diagnosed with early-onset Alzheimer’s my partners needs became such that I needed respite and a break. I was worried about whether he’d want to join Day Programs, but from day one he has really enjoyed it and it gives me the break I need.

- Caregiver



“ I thought I would not have a life after I had a stroke. But since I joined the day program, it really gives me something to look forward to.

- Client

Operating Hours

We are open from Monday to Saturday, 9:00AM to 3:00PM.

Extended hours are available on Wednesdays and Thursdays from 7:30AM to 6:00PM.

To find out more about our Day Programs please call 416-493-3333 or send email to info@splc.ca

Everyone Here Belongs